

Quick Start Guide for Self-Testers

1

Download the BACtrack View app & log in.

Download the BACtrack View app for [iOS](#) or [Android](#) - click the links or scan the QR codes below

**BACtrack View** iOS App Android App

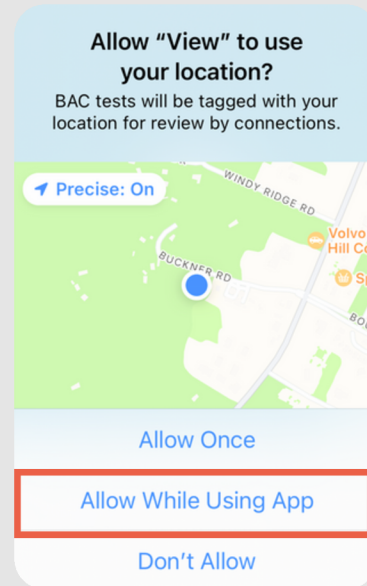
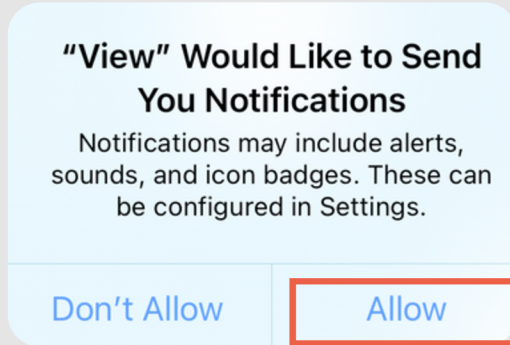
● IMPORTANT NOTES:

1. Use the **same email address and password** you created when signing up for BACtrack View.
2. BACtrack has several apps, so make sure you download the **correct app** by using the links or QR codes above
3. If you've forgotten your password, you can click the **"Forgot your password?"** link at the bottom of the sign-in page (right). You'll receive an email with a link to reset your password.

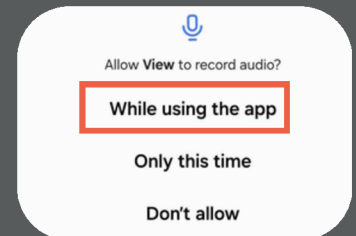
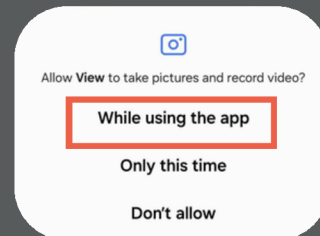
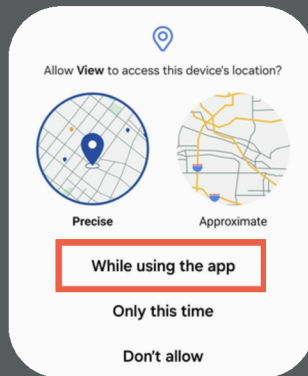
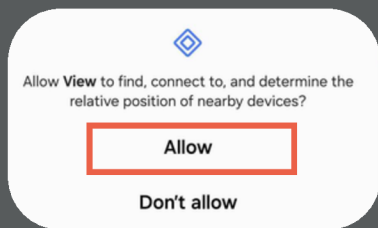
A screenshot of the BACtrack View sign-in page. It features two input fields: 'Email' and 'Password'. The 'Password' field has a blue eye icon to toggle visibility. Below the fields is a blue 'Sign In' button. At the bottom, there is a red-bordered box containing the text 'Forgot Your Password?'.

The first time you open the app, you'll be prompted to share access to your camera and location. **This is required to use the app.**

View on iOS



View on Android



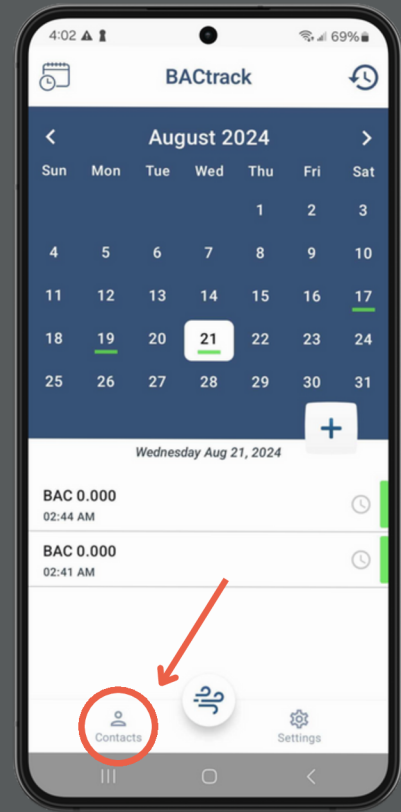
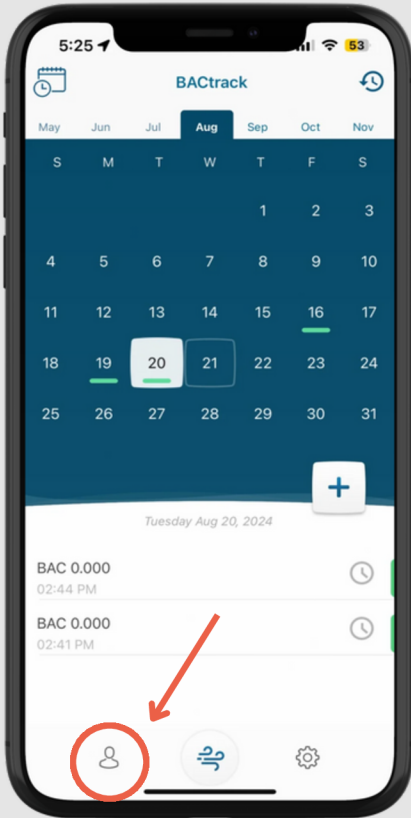
2



Optional: Add a Monitor or Accountability Partner

If you didn't invite a Monitor or Accountability Partner to your account during signup, you can do so by tapping the [Contacts icon](#) in the bottom-left corner of the app.

Contacts icon:

Contacts icon:



 <p>Monitor</p>	 <p>Accountability Partner</p>
<ul style="list-style-type: none"> • Can set and manage testing schedule • Can view test results • Can receive SMS/email test notifications (some plans only) • Can download PDF reports of test results and activity (some plans only) • Can pay bills 	<ul style="list-style-type: none"> • Can view test results • Can receive SMS/email test notifications (some plans only) • There can be multiple Accountability Partners (some plans only)

3

Set Testing Schedule

To set up a new testing schedule, tap the + icon on the right side of the screen. From here, you can select the Tester and then set:



Your schedule's start day and time frame (the hours in which your tests will occur, i.e. 9 AM - 5 PM)



If and how often the schedule repeats



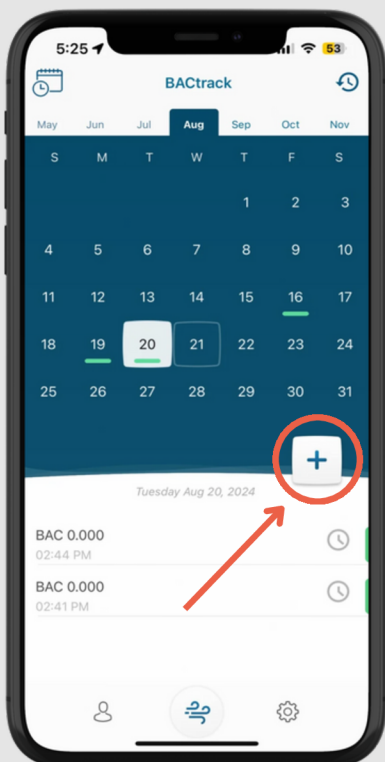
If test times should be randomized



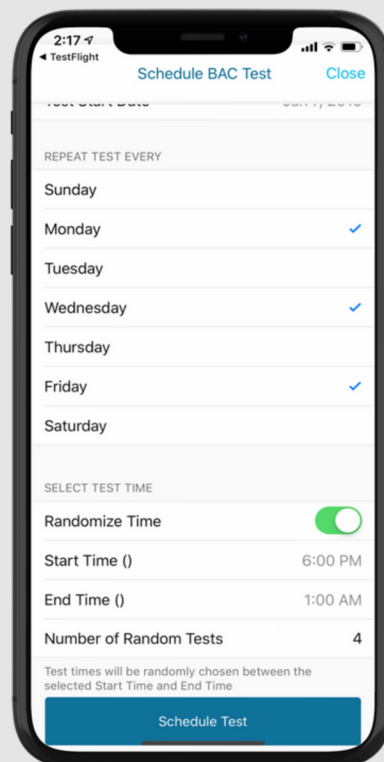
How many random tests should occur during the testing time frame

View on iOS

Adding a test:

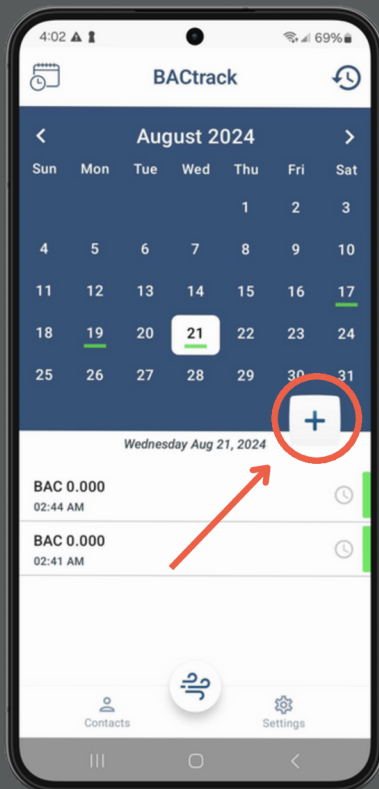


Repeating & randomizing a test:

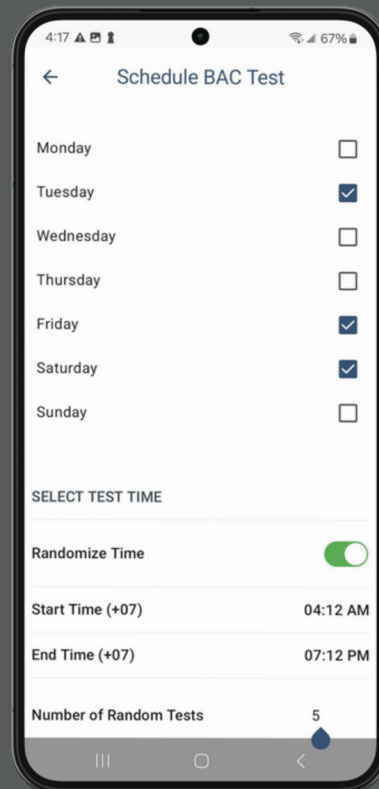




Adding a test:



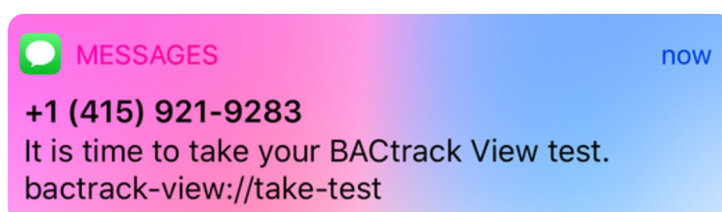
Repeating & randomizing a test:



Once you've set your testing schedule, tap the [Schedule Test](#) button to return to the home screen. From here, you can see all future tests scheduled - indicated by a gray dot under the date.

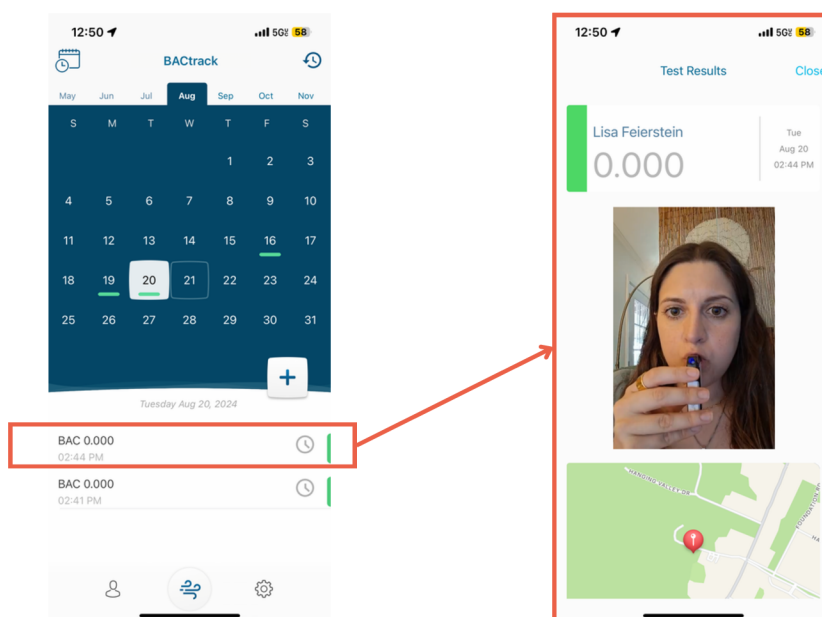
4 Take a Test

When it's time to take a BAC test, you will receive a text message from BACtrack View. Click the link in the message to open the BACtrack View app and begin the test:



1. Make sure Bluetooth is enabled on your smartphone, and then turn on the BACtrack by pressing the silver button for 1-2 seconds until the blue lights come on.
2. The app will then automatically connect with the BACtrack. Once connected, you will see a “preparing the device” screen, followed by “take a deep breath.”
3. Once you are prompted, blow into the BACtrack for 6 seconds while holding their iOS device at eye level. You **do not need to blow as hard as you can**, but you do need to exhale **firmly and consistently for 6 seconds straight**, until you hear a click in the device.

Click on any test result in the Calendar to see more details about that result, including the date, time, location (if enabled) and video, as shown below:



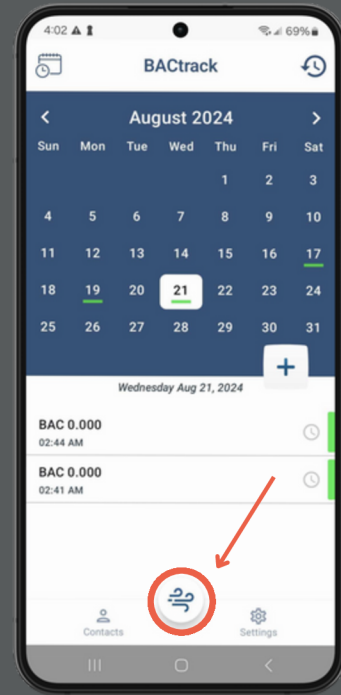
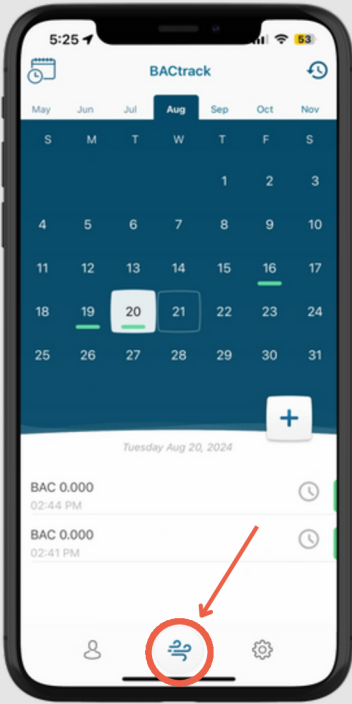
NOTE: If you receive an “error” message, please turn the BACtrack off and on again before restarting the testing process.

5 Optional: On-Demand Tests

To take an on-demand test — outside of your testing schedule, that you or your monitor hasn’t set up — tap the **Test icon** on the bottom middle of the screen. This will initiate a one-time test. Follow the same instructions as above to test.

Test icon:

Test icon:

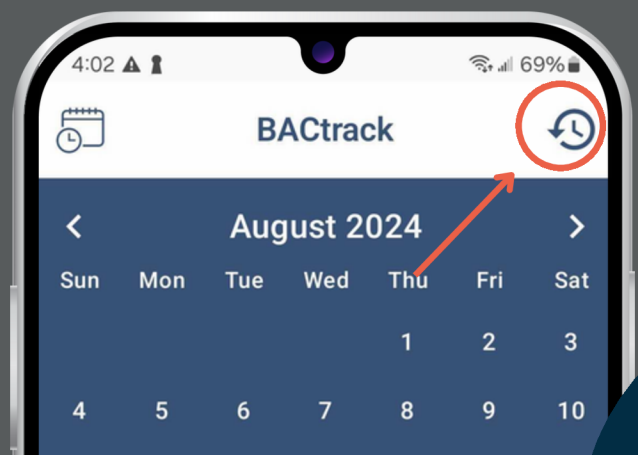


6 Optional: Download PDF Report

On the Plus and Pro plans, you can download PDF reports of your testing activity and results. First, tap the [Activity](#) icon in the upper-right hand corner.

Activity icon:

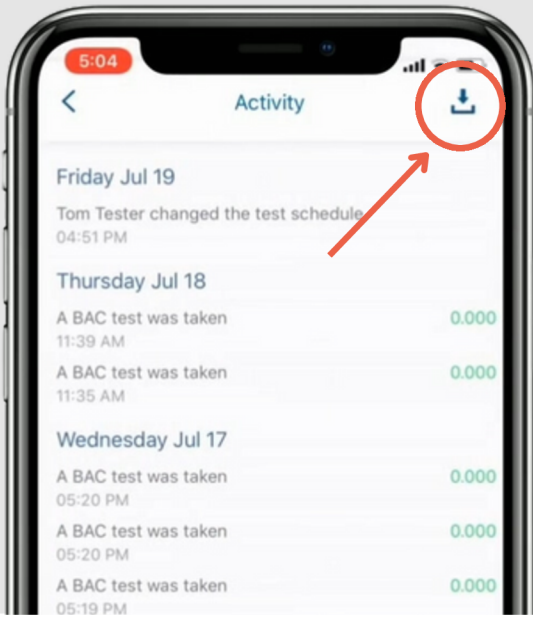
Activity icon:



Then, tap the [Download](#) icon in the upper right-hand corner to receive an email with your PDF report attached.

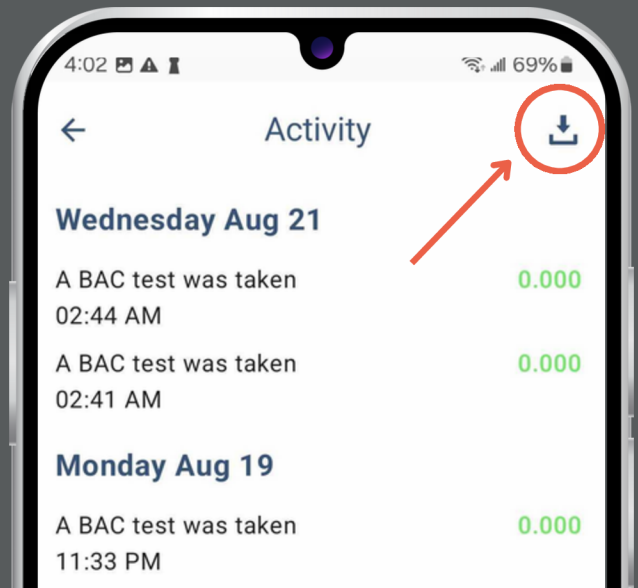
View on iOS

Download icon:



View on Android

Download icon:

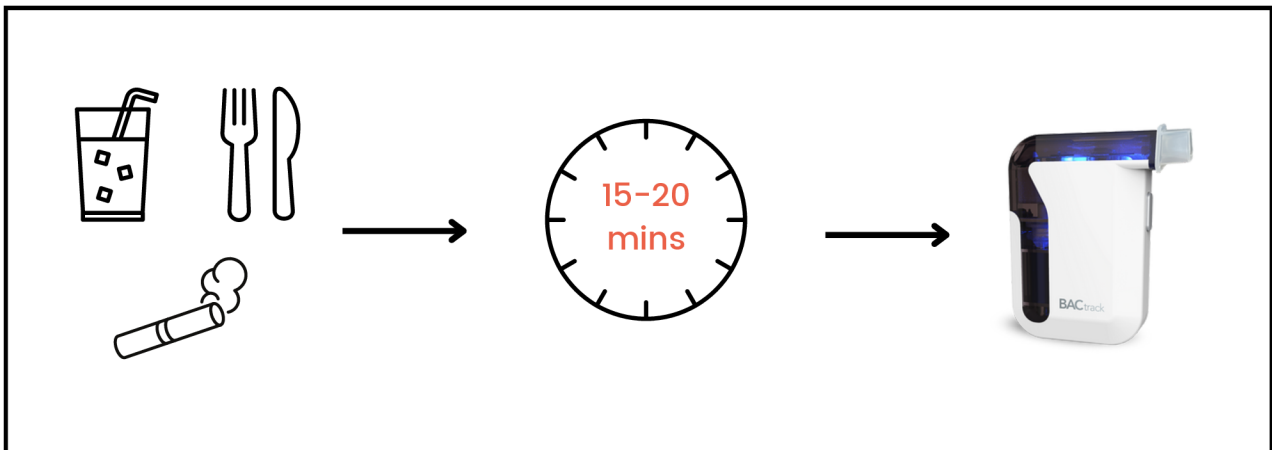


IMPORTANT TESTING NOTES

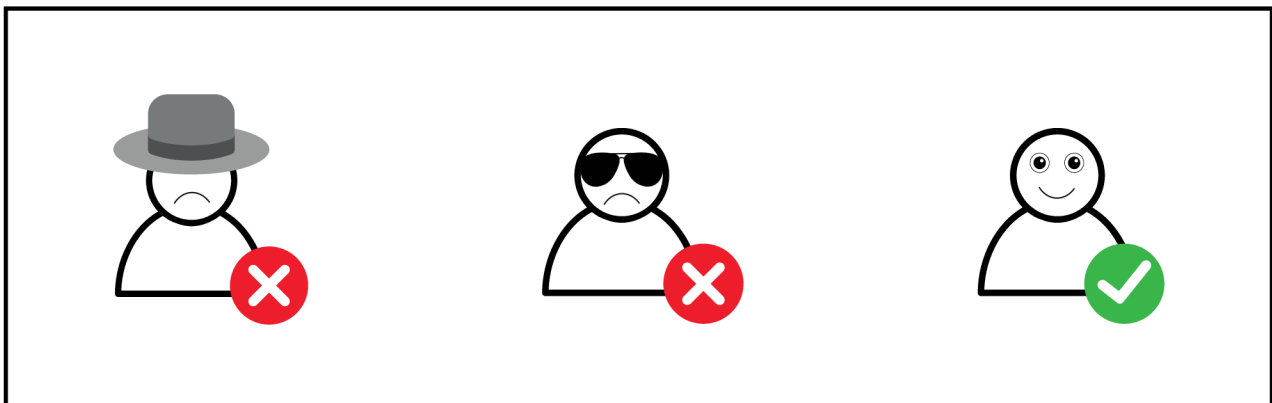
Before you take your first breathalyzer test, please read the following:

BEFORE YOU TEST

- BACtrack View requires an **active and stable internet connection** in order for tests to be taken. Both WiFi and cellular data connections will work. Without a stable internet connection, readings may not save properly.
- Wait at least **15-20 minutes after eating, drinking or smoking** before using the BACtrack Mobile breathalyzer. Failure to wait may cause inaccurate readings and damage the device's fuel cell sensor.



- During the testing process, remove anything that **obscures your face** (hat, sunglasses, etc.).



- While testing, you must **hold your smartphone device at eye level** and look directly into the camera.



PRECAUTIONS

Because the BACtrack device is so sensitive, it can detect trace amounts of alcohol from substances in the surrounding area, which may trigger a positive test result.

- To avoid this problem, your BACtrack device should not be used near substances that contain **methyl alcohol**, **isopropyl alcohol** or **acetone**.
- In the event of a positive test result believed to be caused by a foreign substance, the trace amounts of alcohol detected from that substance should dissipate shortly after the initial test. The tester should wait **15-30 minutes** and then re-test in an area clear of any foreign substances.
- Examples of common foreign substances that may influence test results include, but are not limited to:

Common Products that May Contain Alcohol



Cold, cough, allergy & prescription medications



Salad dressings, soy sauce & vinegar



Medicinal alcohol (i.e. rubbing alcohol)



Household cleaners & disinfectants



Body wash



Perfume, cologne & aftershave



Mouthwash, toothpaste, & breath strips



Sunscreens, lotions, & hairsprays



Energy drinks & kombucha



Hand sanitizer & alcohol-based hygiene products

Also, avoid storing the BACtrack device near the above items at ALL TIMES. Furthermore:

- Do not test in areas where large amounts of alcohol are being consumed, or in areas with **strong winds**, **smoke**, or **chemical substances**.
- Do not cover, hold, or obstruct the BACtrack device's mouthpiece during testing or permit any item to **block the user's ability** to breathe into the device.
- Do not use or store the BACtrack device in temperatures **below 32 °F** or **above 104 °F**.

Need further assistance?

Explore articles in the Help Center:

<https://view.bactrack.help/>

Contact our Customer Success team:

view@bactrack.com

[415-693-9756](tel:415-693-9756)